

# Regional Weight Management Center Newsletter (605) 719-1375

Weight Loss is about real dedication. There is an exciting new program from Allergan. They are now offering an enhanced lifestyle support program dedicated to your ongoing weight-loss success: My Lap-Band Journey. It is your knowledgeable and experienced guide escorting you every step of the way toward your weight-loss goal. This free program is one of the most important benefits of the LAP-BAND System. It is one of the keys to your long-term success.

My LAP-BAND Journey features helpful resources and support such as progress trackers, motivational tools and exclusive offers from Lindora, Curves and FitDay.

### *Your passport to it all is your personal Patient ID card*

- \*Use it to request smaller portions at restaurants
- \*Have it with you at doctor appointments and hospital procedures, such as MRI scans
- \*Keep it with you in case of medical emergency
- \*Receive exclusive privileges from Allergan and its partner companies, such as Lindora and Curves.



You may register now. It's easy. Call 1-800-LAP-BAND today and select *option 6* to get started.

To complete the registration process, you will need the following information:

- \*Your LAP-BAND System Size
- \*Surgery date
- \*Surgeon's name
- \*Surgeon's telephone number
- \*A valid e-mail address

Please feel free to call The Regional Weight Management Center for the above information, then sign up for My LAP-Band Journey at [www.lapband.com](http://www.lapband.com) to get started.