

Rapid City Regional Hospital to Host Free Bariatric Surgery Seminar on Feb. 9

RAPID CITY, SD - Rapid City Regional Hospital is hosting a free Bariatric Surgery Seminar in the hospital's West Auditorium, at 6 p.m., on Tuesday, Feb. 9.

Since the mid 1970s, the prevalence of obesity in the United States has increased sharply. The latest statistics from the Centers of Disease Control (CDC) reveal that 33 percent of people are considered obese. Because of the implications on the health of our society, these increasing rates are cause for alarm. Obesity is a leading cause of preventable death in America. Millions of overweight and obese adults are at greater risk for health problems, such as high blood pressure, heart disease, Type 2 diabetes, sleep apnea, respiratory problems, and more. Bariatric surgery is a covered benefit by most insurance companies. If excess weight is affecting your life and health, the Bariatric Program at Regional Weight Management Center might help.

Wesley L. Sufficool, D.O., Regional Medical Clinic General Surgeon, will present information about who can qualify for weight-loss surgery, surgical options, what to expect, and the risks and benefits of bariatric surgery.

For more information about the upcoming Bariatric seminar, call Debbie Miller, of the Regional Weight Management Center, at (605) 719-1375.