

Blood Type: _____

Vaccines:

Flu Vaccine: _____
Pneumonia: _____
Tetanus/Diphtheria/Pertussis: _____

Allergies

(ex: medicines, food, latex, etc.)

Medical Conditions

(List medical conditions:
ex: diabetes, epilepsy, heart problems, etc.)

9138-0408 (FORM 03279)

Emergency Contact

Name: _____
Relationship: _____
Phone Number: _____
Doctor & Phone: _____
Doctor & Phone: _____
Pharmacy & Phone: _____



REGIONAL HEALTH
www.regionalhealth.com

Your Information

Name: _____
Date of Birth: _____
Phone: _____
Address: _____

Always keep this card with you. Take this to your doctor, hospital, and pharmacy visits. Show this card to your doctor before they prescribe a new medicine for you.



MY MEDICATION CARD

Regional Health has been serving the health care needs of western South Dakota and the Black Hills region for more than 30 years.

As a public service, Regional Health is providing these FREE medication cards, which are also available on our website. The medication cards will help pharmacies and health care facilities provide accurate care to patients.

Pharmacists, hospitals, and health care systems help prevent medication errors. But you too, must do your part in preventing error. To make sure you use medicines safely, we suggest you:

- Keep a list of all medicines you take: prescription medicines, over-the-counter medicines, vitamins, herbal supplements, nutrition pills, and respiratory therapy medicines.
- Also keep a list of medicines you cannot take due to allergies.
- Learn the names of the medicines you take, the dosage, and how often.
- Ask if there are things you should avoid like: foods, fluids, other medicines, or activities while taking the medicines.
- Ask for information about your medicines.
- Be sure to ask questions if you have concerns.

Fill out the attached medication card, tear off, and carry it with you at all times. Keep it up to date and bring it with you to each hospital or doctor's visit.

If you ever have any questions about your medications, dosage, or use, please talk to your pharmacist or doctor.

Go to www.regionalhealth.com for a medication card.



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