

Support Groups

American Brain Tumor Association

The unique challenges of living with a brain tumor call for special resources. Cancer Care Institute staff member have reviewed and purchased many brochures and pamphlets for patient and family use. Patients wanting more information are encouraged to call (800) 886-2282 or E-mail info@abta.org or check out the website: www.abta.org

American Cancer Society

The American Cancer Society has a strong presence in Rapid City, providing Navigator patient services and other resources to cancer patients and their families. Cancer Care Institute staff members work closely with the American Cancer Society personnel to provide access to those resources and to assist with American Cancer Society special events, including Daffodil Days and Relay for Life. Patients are encouraged to call the American Cancer Society at (605) 342-7740 (1-800-ACS-2345) or to access the national website at www.cancer.org

Bariatric Support Group

Support for persons who have had bariatric surgery. Contact Mark Cook, PhD at (605) 719-5276.
Day & Month—Last Monday of every month
Time—7 p.m.
Charge—Free

Better Breather's Club

This group provides support and information to those with chronic lung disease. For more information, call (605) 719-8307.
Day & Month—1st Monday of each month (March – October)
Time – 1 p.m.
Charge – Free

Bipolar: Support group for parents of bipolar children

The focus of the support group is to share, learn, motivate, advocate, support and encourage each other.
Day & Month: Second Saturday of every month.
Time – 10 a.m. to noon at Rapid City Regional Hospital's Rushmore Room
For more information, call (605) 431-5199 or e-mail bipolarmom315@hotmail.com

Black Hills Area Survivors of Suicide

A support group for adults and children who have lost a family member, friend or colleague to suicide. This group meets at First Congregational Church, 1200 Clark Street. For more information, call (605) 348-6692 or (605) 721-7720.
Day & Month – 2nd and 4th Tuesday of every month
Time – 7 p.m.
Charge –Free

Black Hills Chronic Fatigue Syndrome/Fibromyalgia Syndrome Support Group

This group meets to provide support to one another as well as educated the community and health care providers on issues relating to Chronic Fatigue and Fibromyalgia. For more information, call (605) 399-2597 or (605) 341-2154

Day & Month – 3rd Saturday of each month

Time – 10 a.m.

Charge – Free

Web Address – www.bh-cfs-fms.myip.org

Black Hills Diabetes Association

The group's mission is to provide education, increase public awareness, and support all with diabetes in the Black Hills. For more information, call (605) 923-4682

Day & Month – Last Sunday: September – May

Time – 1:30 p.m.

Charge – Free

Brain Injury Support Group

This group meets at Community Transitions. Call Ron Sasso at (605) 343-7297 for more information.

Day & Month—2nd Tuesday of every month

Time—6:15 p.m.

Charge—Free

Black Hills Celiac & Gluten Free Diet Support Group

For more information call Sue at (605) 341-0336 or Jodi at (605) 348-1333

Day & Month—2nd Saturday of every month

Time—5:30 p.m., Rapid City Regional Hospital, Rushmore Room

Charge—Free

Depression & Bipolar Support Group

A support group for people with depression or bipolar disorder. Call (605) 574-3278 for more information.

Day & Month – 2nd Monday of every month

Time – 7 p.m. – 8:30 p.m.

Charge – Free

Dialysis/Transplant Support Group

For more information, call (605) 344-0961.

Day & Month – 1st Thursday or 1st Saturday of the month (alternating months)

Time – 7 p.m.

Charge – Free

Diabetes Support Group-Lead-Deadwood Regional Hospital

A support group for patients, families and friends in the Lead-Deadwood area whose lives are affected by diabetes. It is designed to offer support through education, sharing and communication with others who have diabetes. Meets at the Deadwood City Hall at 108 Sherman St., Deadwood. For more information, please call (605) 717-6431 or (605) 390-5090.

Day & Month – fourth Thursday of every month

Time – 7:00 p.m.

Charge – Free

Diabetes Support Spearfish Regional Hospital

A support group for patients, families and friends in the Northern Hills whose lives are affected by diabetes. It is designed to offer support through education, sharing and communication with others who have diabetes. Meets in the Crow Peak Conference Room at the Spearfish Regional Hospital, at 1440 N. Main St., Spearfish. For more information, please call (605) 644-4251.

Day & Month – last Wednesday of every month

Time – 2:00 p.m. Charge – Free

Friends Against Breast Cancer

Call Ellen at (605) 341-6493, Laurie at (605) 718-5656, or Julie at (605) 347-0094 for more information.

Day & Month – 2nd Tuesday each month

Time – 7 p.m. – 9 p.m.

Charge – Free

Grief Support Group - Belle Fourche

Ongoing grief support groups for those who are coping with the death of a loved one. The meetings take place at the Belle Fourche Regional Medical Clinic, 2200 13th Ave., Belle Fourche. For more information, call Hospice of the Northern Hills at (605) 644-4238, (605) 644-4421, or (605) 644-4444.

Day & Month – first and third Monday of each month

Time – 3:00 p.m.

Charge – Free

Grief Support Group - Men Encouraging Men Group

Ongoing grief support groups for men who are coping with the death of a loved one. The group is designed to offer support through sharing and communication with others who are going through the grieving process. The goal is to bring understanding of the grief process and its many emotions. The meetings take place at Cedar House Restaurant, located at 130 Ryan Rd., Spearfish. For more information, call Hospice of the Northern Hills at (605) 644-4238, (605) 644-4421, or (605) 644-4444.

Day & Month – first Monday of each month

Time – 8:30 a.m.

Charge – Free

Grief Support Group - Spearfish

Ongoing grief support groups for those who are coping with the death of a loved one. The group is designed to offer support through sharing and communication with others who are going through the grieving process. The goal is to bring understanding of the grief process and its many emotions. The meetings take place in the Crow Peak Conference Room, Spearfish Regional Hospital, located at 1440 N. Main St. For more information, call Hospice of the Northern Hills at (605) 644-4238, (605) 644-4421, or (605) 644-4444.

Day & Month – second and fourth Monday of each month

Time – 3:00 p.m.

Charge – Free

Grief Support Group - Sturgis

Ongoing grief support groups for those who are coping with the death of a loved one. The group is designed to offer support through sharing and communication with others who are going through the

grieving process. The goal is to bring understanding of the grief process and its many emotions. The meetings take place in the Conference Room at Sturgis Regional Hospital, located at 949 Harmon St., Sturgis. For more information, call Hospice of the Northern Hills at (605) 644-4238, (605) 644-4421, or (605) 644-4444. Day & Month – first and third Tuesday of each month, Time – 3:30 p.m. Charge – Free

Grieving Over Loved Ones

Call Laurie Traub at Hospice of the Hills at (605) 719-4496 for information.

Insulin Pump Support Group

This group provides support and education for persons who are insulin dependent. For more information, call (605) 341-1273.

Day & Month – 3rd Sunday: Jan, Mar, May, July, Sept & Nov.

Time – 2 p.m.

Charge – Free

Little B.I.T. of Comfort

Meeting for families who have lost babies, infants or toddlers takes place monthly.

Please call Hospice of the Northern Hills at (605) 644-4444, for meeting information.

Lupus/Arthritis Support Group

For more information, call Nicki at (605) 721-2864.

Day & Month – 2nd Saturday of every month

Time – 9 a.m. – 11 a.m.

Charge – Free

Mended Hearts and Mended Little Hearts

Support organization for people, young or old, who have heart defects and heart disease. Quarterly family gatherings. For more information call Jo DesJarlais, 347-7928 or 720-2981 anytime; Dixie Varns 642-1669 evenings.

Day & Month—First Saturday

Time—10 am Rapid City Regional Hospital, Rushmore Room

Charge—Free

NAMI Support Group

For more information call Jennifer Consitenane at (605) 430-0280

Day & Month—Every Saturday

Time—5:45 p.m., Regional Rehabilitation Institute, Rehab 1

Charge—Free

Parents of Children with Diabetes

For more information, call (605) 343-1636 or (605) 341-7347.

Day & Month—1st Tuesday during school year, also 3rd Sunday of January, March, May, July, September, November)

Time—Tuesdays 9:30 a.m., City School Administration Building

Sunday 3 p.m., Rapid City Regional Hospital, Rushmore Room

Charge—Free

Prostate Cancer Support Group

A support group for prostate cancer survivors, those diagnosed with prostate cancer and their families.
Call (605) 343-8100.

Day & Month – 2nd Thursday: Feb, Apr, June, Aug, Oct & Dec

Time – 6:30 p.m.

Charge – Free

Stroke Support Group

For more information call (605) 484-2260 or (605) 719-4527

Day & Month—1st Saturday of each month

Time—10 a.m., Regional Rehabilitation Institute, Rehab 1

Thumpers

A support group for parents of children with heart anomalies. Call (605) 722-3550 for more information.

Day & Month—2nd Saturday each month

Time –3 p.m.

Charge – Free